

**ESIC MEDICAL COLLEGE & PGIMSR, RAJAJINAGAR, BENGALURU
FOUNDATION COURSE – JANUARY 2021**

Orientation 22 hours	Skills module 12 hours	Community orientation 4 hours	Professional development including ethics 22 hours	Enhancement of language /computer skills 11 hours	Sports/ Extracurricular activities 8 hours	Pandemic module 2 hours
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Date	Time	Topic covered
04-01-21	10 -11am	1A- Introduction to institution, over view of IMG and rules and regulations of the college and University (FC 1.2,1.3, 1.4)
04-01-21	11 -12 pm	Address by Dean, MS and Academic registrar (FC 1.5)
04-01-21	12 - 1 pm	1A- Introduction to institution/campus/facilities (FC 1.5)
04-01-21	2- 3pm	1A- Introduction to Biochemistry department (FC 1.5)
04-01-21	3-4pm	1A- Introduction to Anatomy department (FC 1.5)
04-01-21	4-5pm	1A- Introduction to Physiology department (FC 1.5)
05-01-21	10 -12pm	1B- Role of doctors in the society (FC1.1)
05-01-21	2- 4pm	1E- Principles of family practice (FC 1.8, 1.9)
06-01-21	10 -12pm	2F- Documentation (FC 2.9)
06-01-21	2- 4pm	6A- Extracurricular activities
07-01-21	10-12pm	1D-IMG roles / overview MBBS curriculum various career pathways (FC 1.2, 1.7, 1.8)
07-01-21	2-4pm	1C- History of Medicine (FC1.10)
08-01-21	10-12pm	5D- Computer Skills training
08-01-21	2- 4pm	1C- Alternate systems (FC1.10)
09-01-21	10-12pm	2A- First Aid (FC 2.2)
12-01-21	10 -12pm	2E- Immunization (FC 2.8)
12-01-21	2- 4pm	5D- Computer Skills training
13-01-21	10 -12pm	3A - National Health goals and policies/ health Care systems/ community health (FC 3.1,3.2,3.3,3.4,3.5)
13-01-21	2- 4pm	3B-Interactions with patients and families, Communities (FC 3.6)
15-01-21	10 -1pm	4A-Concept of Professionalism and Ethics (FC 4.1)
15-01-21	2- 3pm	4F- Cultural competence (FC 4.6)
15-01-21	3 -4pm	5B- Local Language training (FC 5.2)
16-01-21	10-11pm	4C- Professional behavior (FC 4.2)
16-01-21	11-12pm	4C- Altruistic behavior (FC 4.2)

18-01-21	10 -12pm	4D -Working in a health care team (FC 4.3)
18-01-21	2- 4pm	4E- Disability competencies (FC 4.5)
19-01-21	10 -12pm	2B- BLS (FC 2.1) Explained through video Demonstration
19-01-21	2- 3pm	4G- Stress management (FC 4.7, 4.8)
19-01-21	3-4pm	5B- Local Language training (FC 5.2)
20-01-21	10 -12pm	4H- Time management (FC 4.9)
20-01-21	2- 3pm	4G- Stress management (FC 4.7, 4.8)
20-01-21	3-4pm	5B- Local Language training (FC 5.2)
21-01-21	10 -12pm	4I- Interpersonal relationship (FC 4.10, 4.11)
21-01-21	2- 4pm	4J- Learning (FC 4.12, 4.13, 4.14, 4.15)
22-01-21	10-12pm	5A- Communication (FC 5.1)
22-01-21	2-4pm	5C- Importance of English Language in medicine (FC 5.3)
23-01-21	10-12pm	6A- Extracurricular activities
25-01-21	10 -12pm	Electives – Its importance in medical education
25-01-21	2- 4pm	Early clinical exposure – Its role in medical education
27-01-21	10 -12pm	F.1-History of Outbreaks, Epidemics & Pandemics
27-01-21	2- 4pm	6B- Importance of sports activity
28-01-21	10 -12pm	2D- Waste management (FC 2.7)
28-01-21	2- 4pm	2C- Universal precautions (FC 2.3, 2.4, 2.5, 2.6)
29-01-21	10-12 pm	Rule and regulations of anti-ragging
29-01-21	2-4 pm	6A- Extracurricular activities
30-01-21	9-1pm	4B- White coat Ceremony (FC 4.2) Offline – In-house (At 6 th floor lecture hall)

Online classes were conducted from 04/01/2021 to 31/01/2021 as per the RGUHS circular dated 24/12/2020 for the modules mentioned by NMC.

Total Hours conducted: 81